

Three Ways to Jump-Start the New School Year - A Guide for Middle School Students

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{mosgoogle}I know, you would rather try to hang on to the summer life – lie in bed all day, eat cereal in front of the TV or computer, live at the mall. I get it. But, you know it's going to happen, no matter what you want to do. So, instead of throwing a tantrum like your little brother does when he is told to pick up his toys, let's get ready for a rockin' school year!

1. Set a schedule. You're going to get lots of papers telling you where to be for first hour, when to get to track practice, study hall, drama practice, orientation, etc. Do you have a way to handle all that stuff? Get a calendar that you like. It could be a big wall one, but then how will you check it during the day? I suggest something you can carry in your back pack. You can find simple ones at the dollar stores or more complicated kinds at office stores. Don't spend too much money on a planner or calendar until you've tried out a few different kinds and find the one that works for you.

2. Get a pack to stash all your stuff. Whether you walk to school, ride a bus, bike, whatever – you need to have a backpack of some kind to carry all that nonsense the teachers send home every day. First thing – try to get all your homework done at school, if possible, so you have less to carry. Second, prioritize. If you don't have to do history until Friday, but you have a huge science test tomorrow, and only have room for one more book, take science! Just don't forget about history. Make sure your backpack or bag has room for all your necessities and doesn't kill your back. Some have a million little pockets for your mp3 player, highlighters, pens, phone, snack, make-up, etc. Get what works best for you and your necessities.

3. Pull your look together. You know how busy it can be that first week of school. So, get your hair cut two weeks ahead of time. Even if the lady butchers your bangs, you've got time for them to grow out. Also, get your clothes figured out now. Clean out your closet and all your drawers a month ahead of time. Try everything on. You don't want wedgies the first day of school, because you grew two inches and gained ten pounds over the summer. This will give you time to do some shopping and save some money by looking for all the best sales – always a big deal with Mom! Double-check your hygiene situation as well. Do you have all the face-washing, acne supplies in hand now, so when you get those last-minute zits, you don't have to panic? How about deodorant, body spray, breath mints, make-up, girly necessities? Keep some in your backpack at all times, with plenty of back-up supplies at home.

If you do those three things about a month before school starts (or even the first day of school) you'll feel a little more in control. Going back to school is an inevitable pain for most middle school kids, but at least you are ready!

About The Author: Visit Stephenie's site http://faith-filled.com/Faith-filled_Journal.html for more ideas for kids